



The best activities guide around!

**SEPTEMBER 2004**



**Labor Day 5K Fun Run – 4th**

**Camp Zama Golf Club Championship – 4th - 6th**

**USAG-J Community Night – 10th**

**Newcomer's Orientation – 21th**



The U.S. Army Garrison, Japan (USAG-J), MWR, Marketing Branch, produces the Zama Bugle. The Marketing Branch is located in Bldg. 102, B100 (Northeast Corner) South Camp Zama, Japan

Mention of corporate names in this publication does not imply endorsement by the U.S. Army or Federal Government of the United States.



DMWR strives to provide individuals with disabilities reasonable accommodation, and are included in all community recreation program planning, as appropriate for the activity. For further information, please contact the activity manager on accommodations.

# ZAMA Community BUGLE

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### THIS MONTH'S COVER

This month, we are featuring the Child Development Centers. Our September cover shows 4 year old Laura Alicea, daughter of Jovanny Alicea, playing with wooden blocks in the pre-kindergarten room. Ms. Maureen Hamilton, Pre-K, part day preschool program lead teacher looks on. Turn to page 4 to learn more about the various programs offered at the centers and where to get more informaiton about Child and Youth Services.

*Photo by Dick Haun, and technical enhancement by Hideko McKeta.*






# CALENDAR OF EVENTS

# SEPTEMBER 2004

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>UPCOMING EVENTS:</b> <ul style="list-style-type: none"> <li>• Payday Scramble - 1 October</li> <li>• Seafood Feast - 1 October</li> <li>• Ekiden - 3 October</li> <li>• Zama Golf "OPEN" - 16 &amp; 17 October</li> <li>• Newcomer's Orientation - 19 October</li> <li>• Halloween Screamfest - 31 October</li> </ul>			<b>1</b> <ul style="list-style-type: none"> <li>• Stress Management Class ACS</li> <li>• Mongolian BBQ CZCC</li> <li>• Payday Scramble CZGC</li> </ul>	<b>2</b> <ul style="list-style-type: none"> <li>• Latchkey Child ACS</li> </ul>	<b>3</b> <ul style="list-style-type: none"> <li>• Trojans Football vs Kinnick Red Devils at Yokosuka</li> </ul>	<b>4</b> <ul style="list-style-type: none"> <li>• Sumo Stable Tour</li> <li>• Labor Day 5K Fun Run Sports</li> <li>• Golf Club Championship CZGC</li> <li>• Tsukiji Fish Market Tour</li> </ul>
<b>5</b> <ul style="list-style-type: none"> <li>• King of the Hill Bowling</li> <li>• Kamogawa Seaworld Tour</li> <li>• Golf Club Championship CZGC</li> <li>• Customer Appreciation Picnic Sagami Lounge</li> </ul>	<b>6</b> <ul style="list-style-type: none"> <li>• Hakone Yunessan Hot Spa Tour</li> <li>• Tokyo Disneyland / DisneySea Tour</li> </ul>	<b>7</b>	<b>8</b> <ul style="list-style-type: none"> <li>• New Parent Support Program Class ACS</li> <li>• Mongolian BBQ CZCC</li> <li>• Nichibei Friendship Golf Outing CZGC</li> </ul>	<b>9</b> <ul style="list-style-type: none"> <li>• "Working with an ADHD Child" ACS</li> </ul>	<b>10</b> <ul style="list-style-type: none"> <li>• Community Night CZCC</li> <li>• Trojans Football vs Yokota Panthers at Yokota</li> <li>• Holiday Party Lottery Drawing</li> <li>• Community Action Council Meeting ACS</li> </ul>	<b>11</b> <ul style="list-style-type: none"> <li>• 7-Person Soccer Sports</li> <li>• Bodybuilding Competition CCC</li> <li>• Cultural Exchange at the Zama City Sports Arena YS</li> </ul>
<b>12</b> <ul style="list-style-type: none"> <li>• Yokosuka Shopping Tour</li> <li>• Baseball (Bay Stars vs. Tigers) Tour</li> </ul>	<b>13</b> <ul style="list-style-type: none"> <li>• Quarterly Unit Commander/1SG FAP Training ACS</li> </ul>	<b>14</b> <ul style="list-style-type: none"> <li>• Single Parent Support Group Meeting ACS</li> </ul>	<b>15</b> <ul style="list-style-type: none"> <li>• Family Advocacy Team Building Workshop ACS</li> <li>• Mongolian BBQ CZCC</li> </ul>	<b>16</b> <ul style="list-style-type: none"> <li>• Quarters Beautification Award Presentation ACS</li> <li>• Horseback Archery Festival Tour</li> </ul>	<b>17</b> <ul style="list-style-type: none"> <li>• 6th Grade Happening YS</li> <li>• Canyoning YS</li> </ul>	<b>18</b> <ul style="list-style-type: none"> <li>• Matsumoto Castle and Zenkoji Temple Tour</li> <li>• Home and Home CZGC</li> <li>• Country Music Band "Far East Texas" CZCC</li> <li>• Trojans Football vs Edgren Eagles at Zama High School</li> </ul>
<b>19</b> <ul style="list-style-type: none"> <li>• Mt. Takao Hike ODR</li> <li>• No Tap 3-6-9 Bowling</li> <li>• Invitational Volleyball Tournament Sports</li> <li>• Nikko Edo Mura Tour</li> </ul>	<b>20</b> <ul style="list-style-type: none"> <li>• National Public Lands and National Hunting and Fishing Day ODR</li> </ul>	<b>21</b> <ul style="list-style-type: none"> <li>• Newcomer's Orientation CCC</li> </ul>	<b>22</b> <ul style="list-style-type: none"> <li>• Medical Morning &amp; Community Tour ACS</li> <li>• Mongolian BBQ CZCC</li> <li>• Community Information Exchange Meeting ACS</li> </ul>	<b>23</b> <ul style="list-style-type: none"> <li>• Newcomer's Train Class Part I ACS</li> <li>• English Teachers Network Meeting ACS</li> </ul>	<b>24</b> <ul style="list-style-type: none"> <li>• Shopping on the Economy ACS</li> </ul>	<b>25</b> <ul style="list-style-type: none"> <li>• Newcomer's Train Class Part II ACS</li> <li>• Men's Breakfast Fellowship Chapel</li> <li>• Trojans Football vs ASU in Tokyo</li> </ul>
<b>26</b> <ul style="list-style-type: none"> <li>• Yokohama Bay Lunch Cruise and MM21</li> <li>• Ueno Zoo and Park Tour</li> </ul>	<b>27</b>	<b>28</b> <ul style="list-style-type: none"> <li>• "Space Available" Briefing ACS</li> <li>• NPSP Baby Love Seminar SHA CDC</li> </ul>	<b>29</b> <ul style="list-style-type: none"> <li>• Mongolian BBQ CZCC</li> </ul>	<b>30</b>	<p><b>DO SOMETHING FOR YOURSELF!!!</b>  <i>Come to the 23 October, "Vacation Package Fair" and check out the great leisure and recreational opportunities available both in Mainland Japan and off island.</i></p>	




The Family Advocacy Program Presents:

## "WORKING WITH AN ADHD CHILD"

**Thursday, 9 September**  
**5:30 - 7:30 pm**  
**ACS Bldg 402**

Our presenter will be CPT Randall Pratt, USN, Director of Behavioral Health Services for the U.S. Navy in Japan. He will discuss behavioral management, school performance, medications, and motivating children with ADHD (Attention Deficit Hyperactive Disorder).

*For more information, please call Mr. Robert Getty at 263-8087.*



# S

aturday, 11

September, enjoy a day of Cultural Exchange at the Zama City Sports Arena from 10 - 2 pm. Call Robert Chance at 263-4066 for more information.

Friday, 17 September, is the first "6th Grade Happening" for the school year. There will be lots of food, fun, and games. Transportation will be provided from Sagami Depot, SHA Commissary, and the Atsugi Theater. The cost is \$2.

CHECK OUT  
THE  
COMPUTERS  
IN THE  
YOUTH

## ■ Child and Youth Services • 263-4500 (Map location 37)

### Come out and support your Zama Trojans Football Team

DATE	VS	DEPARTURE	RETURN
• Friday, 3 September Pick up your permission slip at the Zama Youth Center.	Kinnick Red Devils at Yokosuka	4:30 pm	midnight
• Friday, 10 September Pick up your permission slip at the Zama Youth Center.	Yokota Panthers at Yokota	4:30 pm	midnight
• Saturday, 18 September The Zama Youth Center will host it's 4th annual tail gate party at the Zama Youth Center	Edgren Eagles at Zama (2 pm)		
• Saturday, 25 September Pick up your permission slip at the Zama Youth Center.	ASIJ in Tokyo	9:30 am	6 pm

A bus will depart / return to the Zama Youth Center. For more information, call 263-4500.

### YOUTH SERVICES HIGH SCHOOL LEADERSHIP PROGRAMS (9 - 12 GRADES)

#### • **Keystone Club**

Keystone Club is a high school leadership group that creates and maintains high standards of health, education, character and citizenship for teens to develop into responsible, productive adults. The Keystone Club offers teens opportunities to: develop and use leadership skills, contribute to the community through service and volunteerism, foster understanding and respect between groups and individuals, learn life skills and information for living a responsible, fulfilled life, understand and participate in the

free enterprise system through fund raising activities, enjoy fellowship, and develop self confidence. The Keystone Club meets on Wednesdays at the Camp Zama Youth Center.

#### • **Torch Club**

Torch Club is a MS leadership group designed to assist girls and boys in becoming productive citizens. The Torch Club consists of an adult advisor and 6 - 15 boys and girls. Torch Club members learn that they can make a difference in the world by taking an active and responsible role in setting the direction of their own lives. By helping others, they experience the gratification and self-esteem that comes with being wanted and needed. The MS Torch Club meets Mondays, at the CZ Youth Center.

#### • **DJ Club**

The Camp Zama DJ Club is a high school leadership club that promotes music as a fine art. The DJ Club learns and discusses the different types of music that is available for youth today. The club also practices and masters the youth center's state of the art DJ equipment to prepare for all MS and high school dances. The high school DJ Club members are required to mentor MS youth who are interested in becoming a junior DJ. The DJ Club meets every 2nd and 4th Monday of the month at the CZ Youth Center. The adult advisor is Mr. Robert Chance.



**CANYONING**  
**17 September**  
**ONLY \$30**

- The bus will depart the Youth Center at 6 am.
- Ages 13 - 18 (the trip is limited to the first 20 sign ups).
- You will receive lunch and transportation.
- For more information, call 263-4500



S a g a m i h a r a   H o u s i n g   A r e a   C h i l d   D e v e l o p m e n t   C e n t e r

# "PARENTS NIGHT OUT"

**10 September, 6 pm - midnight**



**SHA CDC Hourly Care is offering a Special Friday "Parents Night Out"**

*For reservations:*

- Call the Central Registration Office at 263-4743/4125, NLT 8 September
- Hourly care fee must be paid in advance at the Central Registration Office.
- Payment or cancellation must be made by 8 September.
- Your child must be registered in the CYS program and immunizations must be up to date.

## OPEN HOUSE AND BBQ DAY

**10 September, 11 am - 1 pm**

Come and join us for the SHA CDC "Open House" BBQ Day at Hob Nob Inn.



**PAC Meeting: 14 September, 4 - 4:45 pm.**

For more information, phone 267-6564



## LOOKING FOR A JOB THAT ALLOWS YOU TO STAY HOME?

You may be eligible for monetary subsidies, and free training and equipment for your business. Family Child Care may be the business for you if you want to gain experience in child development and are looking for a second career. This is a private business you may establish in your home if you are interested in a field that is growing.

If you want more information, please contact Elvira S. Buenavieja at 263-3397 / 263-4743.

## Invitational VOLLEYBALL TOURNAMENT

**19 September, 10 am  
\$50 per team**



- The event is open to all (18 years of age or older and not in high school)
- The type of competition will be determined by the number of teams entered.
- The entry deadline is Wednesday, 15 September, 5 pm.
- There will be a men's & women's division.
- For additional information, please call Andy Abeor, 263-7980.

**K**ing of the Hill,  
Sunday, 5 September, 11:30  
am. For just \$50, enjoy a  
whole day of bowling with  
some of the best bowlers in  
the Kanto Plain. Double  
elimination until we reach the  
"King of The Day".

## ■ Zama Bowling Center • 263-4780 (Map location 6)

### AMERICAN HERO BOWLING CLUB

Bowl for 17 weeks and earn an  
"American Hero" bowling ball.

### EXTREME BOWLING

Every Saturday Night  
7 - 10 pm

"Unlimited bowling and free shoe  
rental"  
children under 10 free  
children 10 - 17 years old: \$1.50  
Adults: \$3.50

### TOURNAMENT

#### • No Tap 3-6-9

Sunday, 19 September, 11:30 am.  
This is a handicap tournament for men  
and women. The cost is \$15 for a  
minimum of four games. Winners  
continue to bowl until there is a cham-  
pion. Double elimination games start  
at 11:30 am. There is room for only  
the first 32 bowlers who sign up.

### FAMILY TIME BOWLING

"Family Time" bowling will be held  
every Wednesday, 3:30 - 9:30 pm.  
Lanes are going fast as this DCA  
sponsored event is growing in  
popularity (free games and shoes).  
No lane reservations are taken at  
this time. This benefit is for all  
SOFA sponsored military, DAC,  
family members, and IHA/HPT/  
MLCs. It is our way of thanking you  
for all your hard work and service  
to our country and our community.



**Quarters  
Beautification  
Competition**

Judging for September will  
be held 1 - 11 September.  
Award presentations will be  
held on 16 September. For  
further information, please  
phone 263-5550

**Thanks** to  
AAFES and the USA Credit  
Union for supporting our  
community and the  
monthly Quarters  
Beautification Competition.

**USA Credit Union** **AAFES**

..... **COMING IN OCTOBER** .....



**The Camp Zama**

# "VACATION PACKAGE FAIR"

**at the Zama Community Club, Saturday, 23 October, 10 am - 4 pm**

The focus of the "Fair" is to provide one-stop informational-shopping for  
those planning a vacation or just taking a weekend break in Japan. Talk  
one-on-one to representatives from:

**AIRLINES - SKI AREAS - THEME PARKS - TRAVEL AGENCIES -  
ONSENS - ADVENTURE ACTIVITIES - RAFTING / CANYONING -  
JAPANESE RYOKANS PLUS HOTEL REPS FROM  
GUAM, KOREA & HAWAII**

**AND:**

- Quality door prizes will be given away throughout the day to include  
airline tickets, hotel vouchers, DVD's and televisions, overnight stays  
at ryokans, ski lift tickets, and many other prizes.
- Bring the kids---there will be a special area for kids to play  
games and also win door prizes.
- The Community Club will be open and will be offering a  
"Fair Lunch Special".

**See the October Bugle for more information (phone 263-5995)**



## HOURS OF OPERATION:

Monday and Tuesday - CLOSED  
 Wednesday - Friday  
 1 - 9 pm  
 Saturday - Sunday  
 10 am - 6 pm

## PLEASE NOTE:

- Wednesday - Friday clean up starts a half hour before closing.
- Sunday clean up starts one hour before closing.

## SAFETY ORIENTATION

DA 3031-1 Qualification Card for use of the Auto Crafts Shop is issued after a safety orientation given daily 15 minutes after opening and again at 5 pm on weekdays. The weekend safety orientation is given 15 minutes after opening and again at 2 pm. This briefing is required before facility use.

## SERVICES

### • Towing Service and Roadside Assistance

We offer a towing service and roadside assistance Wednesday through Sunday. Call for rates and more information.

### • Used Vehicle Courtesy Inspection

We offer a 20 point courtesy inspection for Soldiers and eligible personnel who are considering the purchase of a used vehicle. The purpose of this inspection is to help assess the condition of the vehicle before buying it. We do not make recommendations or give guarantees. Inspections are done by appointment only.

### • Used Car Referral Service

New to Camp Zama or PCS'ing and need to buy or sell a car? Stop by your Camp Zama Auto Crafts and let us help you. We will list your vehicle available for sale in our referral list. All vehicles must be registered to qualify for this free service.

## LADIES DAY

Ladies, have you ever wanted to repair your car but just did not know how? Your Camp Zama Auto Craft Shop is pleased to offer "Ladies Day".

You will receive personalized instruction and assistance to repair and keep your vehicle in top running shape. The personalized service is free; all you pay is a nominal facility usage fee.

## CLUBS

Anyone interested in joining a Motor Sports Club? Contact Frank Bordenave at 263-3615.

## CAR WASHES

Auto Crafts has three car wash locations: Camp Zama, Sagamihara Housing and Sagami General Depot. All locations offer the same service. The cost is very reasonable! ¥300 for a water wash, ¥500 for a "soap wash" and ¥600 for wash and wax. All machines now accept 25¢ coins. Cost is \$3, \$5 and \$6 respectively. At Sagamihara Housing Area, the car wash is located behind the Sagamihara Gym Annex Bldg #S126, open 24 hours; at Sagami General Depot, next to the AAFES

## NEW LEARN HOW TO REBUILD A CHEVROLET ENGINE

In this course you will have the opportunity to overhaul a Chevy 350 engine. The program will consist of various blocks of instruction to include theory, assembly techniques, and specialized tool use. Complete the entire course and receive a special award. An ASE Certified Technician will teach the program and the course is free. The program will be conducted the first and third Wednesday of every month, 4:30 - 5:30 pm.

Gas Station, open 24 hours; and at Camp Zama at the Auto Crafts Shop, Bldg. #621; open seven days a week, Monday and Tuesday 8 am - 4:45 pm, Wednesday through Friday 8 am - 8:45 pm and Saturday and Sunday 10 am - 5:45 pm.

Prepaid cards for the "NEW" car washes are for sale at the Zama Auto Craft Shop. The cost is ¥3,000, but you get ¥3,500 worth of washing!! Ask Auto Craft Shop personnel for more information. Avoid the hassle of having to get change; it's the best deal going!

## NEW SERVICES

Only  
\$59.95

### Professional Fuel Injection Cleaning Service: \$59.95

Cleans fuel system and injectors for easier starts (especially cold weather), better engine performance and helps improve gas mileage and harmful exhaust emissions.

### Professional Oil System Cleaning Service: \$59.95

Cleans engine oils system. Helps remove the sludge built up in engines that have not had frequent oil changes. Also helps eliminate noisy lifters. Environmentally safe (oil & filter extra).

Call for appointment, 263-3615

## CLASS



## SEPTEMBER SCHEDULE:

8 & 22 September, 1 - 9 pm, Ladies Day  
 8 & 22 September, 4 - 6 pm, Auto Body Repair Basics

In September, there will be a series of automotive classes offered on a variety of subjects. The classes will be held from 4 - 5:30 pm every Wednesday at the Auto Craft Shop or the Community Culture Center. The courses offered will be taught by an ASE certified technician. Please look for the course schedule booklet for class descriptions. This series of instruction is highly recommended for those wanting to know the basics of automotive systems and for those looking for advanced training. Stop by the Auto Craft Center or call 263-3615 to sign up. At the end of the series, all those who have attended four or more courses will have an opportunity to drive a racing go-kart.

For more information, phone Frank Bordenave at 263-3615.

# F

acility reservations. Looking for a place to conduct your training sessions, ceremonies and briefings? The Community Cultural Center is the place. For more information, phone 263-3939.

## ■ Community Cultural Center

• 263-3939

(Map location 13)

### CLASSES

The Community Cultural Center offers the following instructional classes:

#### • Piano Lessons

Piano lessons are conducted Monday - Friday. Classes are instructed by Ms. Sekita, Ms. Ishii, Ms. Sako, and Ms. Amano. The cost is ¥6,500 per month.

#### • Violin Lessons

Violin lessons are held on Thursdays and instructed by Ms. Noda. The cost is ¥6,500 per month.

#### • Koto Lessons

Koto lessons are offered each Tuesday and are instructed by Ms. Kawasaki. The cost is ¥8,000 for adults and ¥7,000 for children per month.

#### • Hula Dance Lessons

Hula dance lessons are held on Mon-

days and Thursdays and are instructed by Mr. Roger Pueblos. The cost is \$50 per person or \$35 per person for more than one person from the same family.

#### • Jazz Dance Lessons

Jazz dance lessons are offered each Wednesday and are instructed by Ms. Chilson. The cost is \$36 per month for children 4 - 6 years of age, and \$40 per month for those seven and above.

### COSTUME RENTALS

Looking for that perfect costume for birthday parties, holidays, and other events? The Community Cultural Center is the place for you. We have over 300 costumes and wigs for your rental needs. Rent yours today! There are limited quantities on certain costumes so contact us early for the best selections at 263-3939.



## BRAVO ARMY THEATRE TOURING COMPANY NEEDS PERFORMERS AND TECHNICIANS

The Community Cultural Center is looking for five Soldiers, three performers and two technicians, male or female, who are interested in performing arts with BRAVO. The BRAVO Army Theatre Touring Company will be producing the complete history of America (abridged) for combat areas this holiday season. It will be directed by BRAVO's own SGT Tobin Atkinson who just directed this show for SHAPE Belgium. The show is a comedy, no singing is required. Rehearsals are scheduled to start October 04. TDY will be from October 04 to February 05. Any Soldiers who are interested should contact Mr. Pitts at 263-8892



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## CCC NEEDS INSTRUCTORS

The Community Cultural Center is seeking instructors to teach Taiko Drum, Ballet, Violin and Piano. Interested persons should contact the Community Cultural Center or call 263-3939 for more information.

## 15 Annual International Ekiden Race

Sagami Depot, Sunday,  
3 October, 8 am - 5 pm

Participate or just come out and show your support at this very exciting and entertaining "friendship" event.

For further information, please phone 263-7980



# V

ideo

Teleconferencing is now available to service members and their families. Deployments rank as the most challenging and chaotic times of military life. Deployments are a way of life for many, if not all, service members. Being far apart limits the ability to communicate. Army Community Service has a great way to connect over the miles. "Video Teleconferencing" is now accessible to deployed personnel and their family members.

## ■ Army Community Service • 263-8327 (Map location 2)

ACS... "The Choice" for all your service needs.

For information and assistance, call 263-HELP (4357).

### RELOCATION READINESS / MOBILIZATION AND DEPLOYMENT PROGRAMS, 263-8089

#### • *Medical Morning and Community Tour*

Healthcare professionals provide information about medical care and counseling services in Japan and the military community. A pharmacy class, which is mandatory in order to receive over the counter medications, is also given during this briefing. The briefing will be held on 22 September in the ACS Community Room, 8 - 11 am. The orientation is mandatory for military and civilian personnel. Adult family members may also attend. The IN/OUT Processing Office (263-4122) will schedule attendees for this program.

A community bus tour will be conducted immediately following the briefing. All spouses new to the area are encouraged to attend. Lunch will be provided. The tour is scheduled from 11 am - 2:30 pm. Please call ACS at 263-8327 to register (tour only).

#### • *Newcomer's Train Class Parts I and II*

**Part I** will be held on Thursday, 23 September, 6 - 8 pm, in the ACS Community Room, Building 402. Get out and see Japan! This class will teach you how to read the signs in the stations, buy train tickets, and more.

**Part II** will be conducted on Saturday, 25 September, 9 am. Join us as we practice how to travel by train and subway. Our class will travel to Tokyo, stop for lunch at the New Sanno Hotel and shop in Shinjuku. Children and family members are welcome; bring about ¥1,300 per person for transportation expenses. All attendees should meet at Gate 4.

#### • *Japanese Language Class*

Would you like to learn to speak Japanese? A basic conversational Japanese language class is now being offered at ACS! This free class is held every Wednesday from 10 am - noon and on Tuesday evenings from 5 - 7 pm at ACS, Bldg 402. To sign up for the class, call 263-8327.

• **The Knitting Class** meets every Tuesday 9:30 - 11:30 am, in the ACS Outreach Room. Learning to knit or crochet can be great fun. Let our Japanese volunteer show you how.

#### • *English Teachers Network*

This month's English Teachers Network will meet on 23 September, noon - 1 pm. Teaching English in Japan can be fun and rewarding. Find out how to recruit students, what fees to charge, where to buy materials, and meet with others who have experience teaching.

#### • *Shopping on the Economy*

Community members wishing to attend the "Shopping on the Economy" class should mark their calendars for Friday, 24 September. This class will depart Gate 4 at 9:45 am and will return approximately at noon. There are many great bargains right outside the gate. Let our Japanese experts show you how to shop at the department stores, where to find the best fruits and vegetables, and more. Call 263-8327 to sign-up. Bring ¥400 for transportation and

## Command Right Start Program Installation Newcomer's Orientation

All newcomers are invited to attend the Newcomer's Orientation on Tuesday, 21 September, 8:30 am - 3:30 pm, at the Community Cultural Center, Building 267. The program will begin with a welcome by the Commanding General and the Garrison Commander. Several presenters will provide an overview of the policies, programs, and services at Camp Zama. An information fair will be conducted during this time which will offer participants an opportunity to meet community representatives and managers from MWR, DoDDs, AAFES, Commissary, Private Organizations and others. The orientation also includes a bus tour and a "Taste of Japan" luncheon. This program is mandatory for military and civilian personnel. Adult family members are encouraged to attend. Free childcare is available by calling CDS in advance at 263-4743.

Thanks to our sponsor, KDDI, for supporting the ACS Newcomer's Orientation

#### • FOR INTERNATIONAL CALLS:

99 + 001 + Country Code + Area Code + Phone No

#### • FOR DOMESTIC CALLS:

99 + 001 + Area + Phone



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some for extra purchases. Children are welcome, but free childcare is also available provided you call CDS one week in advance at 263-4743.

• **Space Available Briefing**

Free Flights! Military and qualified civilian personnel and their family members can fly for free to exciting places such as Hawaii, Guam, Alaska, Korea and more. Atsugi personnel will provide information on Space "A" flights. Everyone is welcome to attend. The briefing will be held at the ACS Community Rm, 28 September, 11:30 am - 1 pm, Bldg 402.

**AFTB AND AFAP / MOBILIZATION AND DEPLOYMENT PROGRAMS, 263-4783**

Have you heard of AFTB? Are you interested in being an instructor trainer? The Camp Zama Army Family Team Building Program will be offering Levels I, II, and III leading up to instructor training this fall, and is looking for volunteers to assist with this ACS program. Level I is scheduled for 8-9 September. For more information, please contact the Family Programs Manager at 263-4783, or email donna.wilson@zama.army.mil.

**COMMUNITY LIFE OFFICE 263-5550**

• **Volunteer Information**

Would you like to learn new skills, meet new people and explore new career fields? Would you like to make a difference? Then you may want to enter the exciting world of volunteerism. Historically, America has a long and proud tradition of relying on volunteers to help other people help themselves. Today, America's volunteers are touching other people's lives by solving problems, while exploring new chances for personal growth.

• **Community Information Exchange Meeting**

This is an open forum for senior leader spouses, Family Readiness Group (FRG) leaders and community members. Command leaders and community representatives provide

information and updates on community events and projects. This meeting is held the 4th Wednesday of each month. The next meeting will be on 22 September in the ACS Community Room at 9 am.

• **Community Action Council**

This is a forum designed to bring together a cross-section of organizations/activities to share programs and updates with Soldiers, civilians and their families. All community members are encouraged to attend. The next CAC will be held on 10 September, 3 - 4:30 pm, at the CZCC.

**FINANCIAL READINESS PROGRAM, 263-8091**

What credit score do lenders consider good? Credit scores range from 375 to 900 points. The cut-offs for what is considered "good" differ depending on the lender with whom your working. It's also important to remember your score fluctuates depending on the scoring calculation the lender uses.

However, there are some general guidelines for good credit scores. A score of 700 or above is considered good and will likely qualify you for the lowest interest rates available. Credit scores between 620 and 650 are considered average and indicate basically good credit. If you have a score below 620, you may find the

interest rates you're offered higher, but you'll likely still be able to qualify for credit.

**FAMILY ADVOCACY PROGRAM 263-4782**

The Family Advocacy Program provides services that are designed to prevent spouse and child abuse by improving family functioning, easing the kinds of stress that can aggravate or trigger patterns of abusive behavior, and create a community that is supportive of families. The prevention of family violence is a community responsibility, which includes awareness, education, and intervention in high-risk situations.

The Reporting Point of Contact (RPOC) for suspected child or spouse abuse is the Military Police at 263-3002. If you have questions regarding child or spouse abuse, call Ms. Zamora-Cruz, FAP Manager at 263-4782.

• **New Parent Support Program (NPSP), 263-3638**

The NPSP is now offering "home visitation" to new and expecting parents, and Play Morning at Zama Chapel from 9:30 - 11:30 am on 7, 14, 21, and 28 September. Play Morning at SHA CDC is from 9:30 - 11:30 am on 2, 9, 16, 23, and 30 September.

**FAP Classes offered September are:**

Family Advocacy Team Building Workshop, 15-16 Sep. The Department of Preventive Health Services, Soldier & Family Support Branch from AMEDD, Family Advocacy Training Team, Fort Sam Houston, TX will be presenting this 2-day workshop. This class is primarily designed for FAP Case Review Committee members and Family Advocacy staff members, but it is also open to all social service professionals in the community e.g. social workers, advocates, attorneys, physicians, nurses, law enforcement and investigative personnel. For more information, please call 263-4610.

Stress Management	1 September	0900 - 1100
Latchkey Is your Child Ready To be Left at Home Alone?	2 September	1500 - 1630
NPSP Involving Dad's More With Caring for Babies	8 September	0900 - 1100
Single Parent Support Group	14 September	1330 - 1500
NPSP Baby Love Seminar SHA CDC,	28 September	1030 - 1130
Quarterly Unit Commander/1SG FAP Training	13 September	0900 - 1100





n Sunday, 5 September, there will be a DJ playing a variety of music in the Firelight Lounge, 8 pm - 2 am.

The club will be closed on Monday, 6 September (Labor Day), except Cafe Roberto's which will be open for the "Continental Breakfast" 7 to 9 am.



**Camp Zama Community Club**



**Adult: \$9.95**  
**Youth:**  
 4 - 7: \$3.95  
 8 - 12: \$5.95  
 Under 3: FREE

- All you can eat pasta, pizza, soup and salad bar.
- We are offering four different toppings of pizza and 10 - 15 different kinds of salad.

**THURSDAY NIGHT SPECIAL**

# ■ Camp Zama Community Club

• 263-4133

(Map location 12)

## ■ EDA'S SEAFOOD AND FILET

Check out Eda's new menu.

A touch of elegance, featuring quality meals and service. Dinners for as little as \$18.95! Something for everyone! Reservations are encouraged. Dress code is business casual; no tie or jacket required. Open Thursday and Sunday from 5 - 9 pm; Friday and Saturday from 5 - 10 pm.

## ■ BINGO NIGHT

More games and more money to pay out. Progress SR Jackpot \$10,000.00 starting with 48 numbers and every Sunday will go up one number. On Thursday, cards go on sale at 6 pm, the game starts at 7 pm, and on Sunday cards go on sale at 5 pm, the game starts at 6 pm. Every Thursday and Sunday nights try out terrific games! Join the winner's circle with many others who have won our money giveaway. Maybe you will be one of the lucky ones to win our large cash payout. But, you will never know unless you come out and try your luck at our bingo game. Don't worry about dinner; you can eat while you play.

## ■ USA SUNDAY BRUNCH

Open 10 am - 1:30 pm.

Adult: \$12.95, Youth (8 - 12): \$4.95, Youth (4 - 7): \$2.50, Youth (3 and under): Free

## ■ MONGOLIAN BBQ

Every Wednesday in the ballroom, 5 - 9 pm, with modified menu. Reservations are welcome. USA Dining Room and Eda's Seafood and Filet will be closed.

## • Firelite Lounge

Thu Variety Music 8 - 11 pm  
 Fri Karaoke 7 - 10 pm  
 Hip Hop 10 pm - 3:30 am  
 Sat Country 10 pm - 2:30 am

## Family Night Dinner

"Every Tuesday, 5 - 9 pm"

Any two meals for \$10

- Meat Loaf • Herb Roasted Chicken • Tonkatsu
- Spaghetti w/Meat Sauce • Roast Beef

"Served with vegetable of the day, choice of baked potato, rice, mashed potatoes, french fries and soup and salad bar"

**Camp Zama Community Club**

**Community Night**



**Friday, 10 September**  
**5 - 8 pm**  
**In the Firelight**

**Lots of finger foods and fun!**  
**Advance tickets: \$3.00**  
**At the door: \$5.00**

**Tickets are available at the cashier's window.**

## LUNCH

### USA Sunday Brunch

**Monday - Closed**

### Tuesday

- 7 Taco Rice
- 14 Stuffed Green Pepper
- 21 Baked Loco Salmon
- 28 Fried Fish Filet

### Wednesday

- 1 Hamburger Steak  
w/Mushroom Demiglaze
- 8 Hashed Beef w/Rice
- 15 Shrimp Etouffee
- 22 Mediterranean Chicken
- 29 Thai Green Curry

### Thursday

- 2 Fried Fish w/Vegetable  
Ankake Sauce

### OTHER EVENINGS IN THE USA BUFFET DINING ROOM

- Chef's Special on Tuesday and Friday evenings plus regular menu.
- Prime Rib and Seafood Combo on Saturday.
- 2 for 1 Steak Night every Sunday (good for "steak of the night" only)
- Our regular menu will be offered in addition to the above specials on Saturday night and modified menu on Sunday nights!

## LUNCH

- 9 Par-Kou Pork Chop
- 16 Santa-fe Grilled Chicken  
• Cheese Sandwich  
w/Fries or Mashed Potatoes
- 23 Pork Cutlet w/Curry Sauce
- 30 French Dip w/Aujus and Fries

### Friday - Smorgasbord

- 3 • Sweet Sour Pork  
• Chinese Chili Chicken  
• Fried Pot Stickers  
• Fried Rice
- 10 • Chicken w/Cajun Sauce  
• Blackened Catfish  
• Fried Chimichangas
- 17 • Baked Meat Loaf  
• Baked Herbed Chicken  
• Baked Tuna Noodle Casserole
- 24 • Fried Catfish  
• Turkey Ala King  
• Hushpuppy  
• Macaroni Cheese
- 31 • Taco Bar  
• Chicken Fajita Bar  
• Tamales  
• Mexican Rice

### Saturday

- No Lunch
- 7 Closed

## DINNER MENU

### Sunday

- 2 for 1 Steak Night
- Limited Menu
- Fine Dining

**Monday - Closed**

### Tuesday

- Regular Menu
- Two for one special (\$10)

### Wednesday

- Mongolian BBQ
- Limited Menu

### Thursday

- Limited Menu
- Fine Dining
- All You Can Eat Pizza

**Pasta Bar & Salad Bar \$9.95**

### Friday

- Fine Dining
- Regular Menu
- Chef's Special

### Saturday

- Regular Menu
- Prime Rib Dinner (\$12.95)
- 6oz Prime Rib and  
Shrimp Scampi (\$12.95)

Camp Zama Community Club

# Lottery Drawing

**Friday, 10 September, 4 pm,  
in the Firelight Lounge**

The lottery drawing is open to anyone who is planning a function during the holiday season. A representative must attend the lottery drawing. After the lottery, all remaining available times are on a first come, first served basis.

# HOLIDAY

planning starts here!

Country Music

# FAR EAST TEXAS

**18 September, 8 - 11 pm  
Firelite Lounge**

Admission:  
**\$8 / ¥1,000**  
(includes finger food)

For more information, phone 263-4547



# T

uesday "Dinner Special" (every Tuesday night receive a \$2 discount off the special).

Please come out and let us show you how much we appreciate your support by allowing us to serve you an all-you-can-eat BBQ with a live band and DJ at our "customer appreciation picnic" on Sunday, 5 September, 1 pm. Cost is \$10 per person.

Sagami Lounge



- September Activities**
- Friday, 3 September, 8 pm, 70's and 80's Music w/DJ
  - Sunday, 5 September, 1 pm, Customer Appreciation Picnic
  - Friday, 10 September, 8 pm, Country Music w/DJ
  - Saturday, 11 September, 5 - 9 pm Family Karaoke Night
  - Friday, 17 September, 8 pm 70's and 80's Music w/DJ
  - Friday, 24 September, 8 pm Country Music w/DJ
  - Saturday, 25 September, 7 pm, Family Bowling Tournament.



## ■ Sagami Lounge • 268-4954/4847 (Map location 1) Orders: 268-4142

### LUNCHES

#### MONDAY

- 6 Closed
- 13 Spaghetti w/Meat Sauce and Garlic Toast
- 20 Beef Curry
- 27 Teriyaki Hamburger Steak

#### TUESDAY

- 7 BBQ Chicken
- 14 Beef Steak
- 21 Breaded Mustard Chicken
- 28 Hot & Spicy Baked Chicken

#### WEDNESDAY

- 1 Sweet & Sour Pork
- 8 Hamburger Steak w/Cheese
- 15 Stuffed Chicken
- 22 Pork Vegetable Mongolian
- 29 Lasagna w/Garlic Bread

#### THURSDAY

- 2 Chicken Kiev
- 9 Soft Taco
- 16 Lasagna w/Garlic Bread
- 23 Spanish Meatloaf
- 30 Chicken Fajita

#### FRIDAY

- 3 Seafood Platter
- 10 Seafood Chow Mein
- 17 Seafood Platter
- 24 Seafood Pizza w/Coleslaw



### DINNER SPECIALS

#### TUESDAY NIGHT (LIMITED MENU/DINNER SPECIAL - \$7.50)

- 7 Mexican Dinner Special
- 14 BBQ Dinner Special
- 21 Japanese Dinner Special
- 28 Pizza & Pasta Dinner Special

#### WEDNESDAY NIGHT

1, 8, 15, 22, and 29 September, draw your own discount

#### THURSDAY NIGHT (CHEF'S DINNER SPECIALS)

- 2 Japanese Dinner: Seafood Mix w/Butter Sauce
- 9 Italian Dinner: Beef Tenderloin w/Balsamic Sauce
- 16 Korean Dinner: Garlic Chicken
- 23 Italian Dinner: Seafood Platter
- 30 Spanish Dinner: Spanish Roast Chicken

#### FRIDAY NIGHT

- 3 Steak & Shrimp
- 10 Prime Rib Dinner
- 17 Steak & Shrimp
- 24 2 for 1 Steak Night

#### SATURDAY NIGHT (MONGOLIAN BBQ)

Saturday, 4, 11, 18 and 25 September.  
11 September, \$1 discount, and 25 September, \$2 discount (Mongolian BBQ only).

## ■ Hob Nob Inn • 267-6097 (Map location 6)

### HOB NOB NEWS

The Hob Nob Inn dining room in the Sagami-hara Housing Area is available for use for private parties, Monday through Saturday. Dates and times are available on a first-come, first-serve basis. Room deposits are required to hold the date. Please contact the Hob Nob Inn for your reservation at 267-6097.

### KARAOKE NIGHT

Every Friday, 4:30 pm - 1 am. A great way to get together with your friends. Adults only.

### HOURS OF OPERATION

Mon, Tue, Thu: 4:30 - 9 pm  
Wednesday: 4:30 - 11 pm  
Friday, Saturday: 4:30 pm - 1 am  
Sunday, Holiday: Closed

# Lifetime Sports & Recreation

Participate in any four of the following events/programs and receive a free Lifetime T-shirt. Participate in any four additional events/programs and receive a free Lifetime hat.

## September Events

**Sports Office (POC: Paul Stearns - 263-3954)**

1. Labor Day 5K Fun Run, Saturday, 4 September, 8am (POC Andy Abear, 263-7980)
2. 7 Person Soccer,, Saturday, 11 September, (POC Andy Abear, 263-7980)
3. Bodybuilding Competition, 11 September, (POC Joe Kumzak 263-4042)
4. Invitational Volleyball Tournament, Sunday, 19 September (POC Andy Abear, 263-7980)

**Outdoor Recreation (POC John Senatore- 263-3311)**

1. Paragliding and Biking Overnight Trip, 11 - 12 September
2. Mt. Takao Hiking Trip, Sunday, 19 September
3. National Public Lands Day, National Hunting & Fishing Day, Saturday, 25 September

**Library (POC: James Lacombe - 263-5267)**

Read a Book (adult = 1 book / minimum of 300 pages;  
child 6 - 14 = total of 14 easy or 300 pages of fiction or non fiction)

**Arts & Crafts (POC Yoshio Nodera - 263-4412)**

Annual Army Photography Contest, 8 - 19 September

**Community Cultural Center (POC Rodney Pitts - 263-3939)**

1. Piano Lessons, Mondays, Thursdays, Fridays, noon - 6 pm
2. Violin Lessons, Tuesdays, Thursdays, noon - 6 pm
3. Hula Lessons, Mondays, Thursdays, 5 - 8:45 pm
4. Jazz Dance Lessons: Wednesday, 4:30 (children 4 - 6), 6 pm (children 7 and older)
5. Ballet Lessons, Fridays, 4:30 - 8:45 pm
6. Gamers Gathering: play Warhammer 40,000, Necromunda, Warhammer Fantasy Battle, Mordheim Silent Death, Trinity Battleground, and others. Doors open at 9:30 am.

**Auto Crafts (POC Frank Bordenave - 263-3615)**

1. "Rebuilding a Chevy V8" Every First and Third Wednesday, 4:30 pm
2. Ladies Day, 8 and 22 September, 1 - 9 pm
3. Auto Body Repair Basics, 8 and 22 September, 4 - 6 pm

The MWR web page is: <http://www.mwrjapan.jp.pac.army.mil/>





## ■ Arts and Crafts • 263-4412 (Map location 3)

Stop by to engrave a "Torii Gift" for your friends.

### THE CRAFTS STORE

The Crafts Store at the Arts and Crafts Center has many products for your crafts and fine arts needs. Choose from our Washi paper, rubber stamps, ceramic supplies, oil and acrylic paints, polymer clays, tea boxes, plywood and more.

### WOODWORKING ORIENTATION

Thursday, 6 - 6:30 pm, and Saturday, 10 - 10:30 am. DA 3031 Qualification Card is issued after the safety orientation. No fee.

### FAMILY TIME PROGRAM

Almost any class given at the Arts and Crafts Center can be arranged for your convenience. Let us program some classes on Wednesday afternoons for you and your family.

### SERVICE

#### • Balloon Shop

Helium filled mylar balloons range from \$2.75 to \$3.75. Latex of many

colors are 75¢ to 85¢. For better service, place your order in advance.

### CUSTOM PICTURE FRAMING

All orders are completed on a first come, first served basis. We have a variety of moulding, mat boards, design colors and styles for you to choose from.

### PRINT SHOP

#### • Screen Printing and Heat Transfer Printing

We carry heavyweight 100% cotton t-shirts. We will special order colors, size and style of shirts

based on your request. All orders completed on a first come, first served basis.

## INSTRUCTORS NEEDED

The Arts and Crafts Center is looking for instructors to teach pottery, scrap book, water color, acrylic paint, stain glass, photography, woodworking, and various other arts and crafts. Please contact Mr. Nodera at 263-4412 for more information.

### ..... ARTS AND CRAFTS CLASSES .....

Woodworking Orientation	Thursday	6 - 6:30 pm	No fee
	Saturday	10 - 10:30 am	No fee
Pottery			
Basic Course	Saturday	2 pm	\$10 plus materials
Advance Course		Appointment only	\$10 plus materials
Framing			
Basic	Wednesday	6 - 8 pm	\$10 plus materials
Advance & Refresher		Appointment only	\$10
Textile Arts	Thursday (1, 2 and 3rd)	5 - 7 pm	\$15
Japanese Dough Art	Friday	2 - 4 pm	\$10 plus materials
Tole Painting	Thursday (2nd and 4th Saturday)	3 - 5 pm	\$15
Washi Paper	Friday	2 - 4 pm	\$15 plus materials
		4 - 6 pm	\$15 plus materials
		2 pm	\$15 plus materials
Ikebana	Thursday (1, 2 and 3rd)		

*All classes and orientations require registration in advance at the Arts and Crafts Center.*

# 2004

## Army Photography Contest

The Army Photography Contest has new rules, categories, and prizes for 2004

Enter your favorite prints and short film in the contest to compete against the best photographers in the Army.

The contest runs through the summer, and entries will be judged in November 04.

Entries are due at the Zama Arts & Crafts Center by 3 October 04

*Please call 263-4412 for detailed information.*



# ■ Camp Zama Golf Club • 263-4224 (Map location 21)

<http://www.usarj.army.mil/information/mwr/business/golf/>

**The Proper Way to Repair a Ball Mark**

1 Use a prolonged ball mark repair tool (preferably, knife, key or tin). 2 Insert at the edges of the mark - use the middle of the depression. 3 Bring the edges together with a gentle twisting motion, but don't lift the corner. Try not to tear the grass. 4 Smooth the surface with a club or foot. You're done when it's a surface that you would putt on.

Source: Golf Course Superintendents Association of America

## HOME AND HOME

Saturday, 18 September, at the Whispering Pines Golf Course: 32 golfers will be chosen to compete for bragging rights against golfers from Tama Hills and Whispering Pines Golf Course. Must have a USGA handicap to compete in this event.

## NICHIBEI FRIENDSHIP GOLF OUTING

Wednesday, 8 September, 9 am, shotgun start. Contact Ernie Harada at 263-4225 to sign up. Cost is \$25 for SOFA status golfers.

## PAYDAY SCRAMBLE

Friday, 1 October, noon shotgun start, \$15 entry fee plus green fees for nonmembers.

## TOMODACHI DAY

Tomodachi Days in September will be held on Friday (except 17 September due to the sponsorship event). Your Japanese guests can play with you for the low fee of ¥4,000 plus cart fee. This is a significant savings over the regular rate of ¥10,000.

## ZAMA OPEN

The last major golf event for the year is the "Zama Open" scheduled for 16 - 17 October. See the October Bugle for more information, or phone 263-4224.

## COMPUTER SWING ANALYSIS

The Zama Golf Club announces Computer Swing Analysis using "Total Vision"! Spend an hour with the

pros for a detailed analysis of your golf swing using the latest computer technology. Cost is \$50 and includes a take home video tape. Call 263-4224 for an appointment.

## CUSTOM FITTING BY MIZUNO

We are now authorized club fitters for Mizuno irons and woods. We can measure swing speed, lie angle, and

shaft flex. Don't buy another set off the rack! Cost for the fitting session is \$25 (waived if you purchase clubs). Call today and schedule your appointment at 263-4224 or 4225.

## CUSTOM FITTING BY PING GOLF

The Camp Zama Golf Club has been selected by Ping Japan as the Custom Fitting Center for this area. Dale Jorgenson, Director of Golf, and Ernie Harada, Head Golf Professional, have been factory trained to help you find the best combination of lie, length, grip, shaft and model to fit your golf swing. CZGC has 30 different irons and 10 different woods to accommodate almost any golfer. Cost for the fitting session is \$25 (waived if you purchase clubs). Call today and schedule your appointment at 263-4224 or 263-4225.

## NOTE

Do you and a group of your friends want to learn to golf but Wednesday's just don't work for you? Contact Dale Jorgenson at 263-4224 and he will create a custom group class schedule for you.

Looking for a locker to rent at the golf course? The annual fee is \$60 and lockers are now available. Sign up in the golf shop.

**Learn To Golf Adult Classes**

*Take the Mystery out of Golf*  
The next session starts 1 September

Price includes: five group lessons (four at the range and one on the golf course) plus four 9 hole rounds of golf (golf cart not included). Instruction will cover putting, chipping, full swing, rules and etiquette. The course is designed for beginner golfers.

**SESSION #5**

Instructor: Dale Jorgenson, Director of Golf  
Date: Wednesday, 1, 8, 15, 22, 29 September and 6 October  
Time: 4 - 5:30 pm  
Class size: Maximum 8 - Minimum 6 students  
Price: \$75  
Enroll: Sign up at the golf course pro shop



# E

## -BOOKS.

Read, browse or check it out. Over 2,000 titles are available on subject areas such as military, business, computer science, psychology, and religion. Everyone is eligible. Use at the library or at home. Stop by the Zama, SHA or Depot Library to apply for a personal E-book account today.



## ■ Community Libraries • 263-3517 (Map location 17)

### ON-LINE RESEARCH TOOL

Try our on-line research tools First Search, OCLC, and Facts on File to search for the information you need. Stop by the library and discover a world of information at your fingertips. Have fun learning lifetime skills by joining the Lifetime Sports and Recreation Program! Read a book and participate in any other three additional events/programs and receive a free lifetime hat or shirt.

### NEW BOOKS

- Hal Lifson's 1966
- Lonely Planet Bali
- Insight Guides Thailand
- Time Out Bangkok: Chiang Mai and The Islands
- DK Eyewitness Travel Guides Washington, DC
- Traveler's China Companion
- Insider's Guide to Savannah and Hilton Head
- Insider's Guide to San Antonio
- Insight Guides Tokyo
- Insight Guides Hawaii
- Insight Guides Korea
- Eyewitness Travel Guides Hawaii

### NEW DVDS

- Anger Management ..... Comedy
- View From The Top ..... Comedy

- Girl, Interrupted ..... Drama
- 28 Days ..... Drama
- Fools Rush In ..... Drama
- China Cry ..... Drama
- Lost Souls ..... Thriller
- Starsky and Hutch ..... Action
- The Last Bride of the Dragon ..... Children
- Excalibur ..... Adventure

### CHECK OUT OUR WEB SITE

<http://www.usarj.army.mil/information/zama/mwr/library/index.htm>



**Camp Zama Library: Every Wednesday (10:30-11 am)**

# STORY TIME!

**SHA Library: Every Thursday (10-11 am)**

Come to improve your child's listening and verbal skills and most important to

## HAVE FUN!

For kids of all ages (only picture books will be read).

- Contact Information: Library staff, 263-3517.
- Volunteers: If you are interested please call 263-3267.




**Girl Scouts**  
Where Girls Grow Strong

Girls ages 5 - 17 come check out the Girl Scouts. The possibilities are endless! Call Cindy Streeton at 267-6090 to sign up today. [zama\\_girlscouts@yahoo.com](mailto:zama_girlscouts@yahoo.com)

**Adult Volunteers Needed!**

Volunteer now for a rewarding experience in Girl Scouting! The Camp Zama Girl Scouts are in need of Troop Leaders, a Register and a Cookie Manager.

Call now to learn how you can make a difference.  
Contact Cindy Streeton at DSN 267-6090.

# ■ Chapel Activities • 263-4898 (Map location 8)

## CATHOLIC SERVICES

**Mondays - Thursdays**, noon - 12:15, daily mass. Blessed Sacrament Chapel

**Sundays**, 9:15 am, Mass, Zama Chapel

**Sundays**, 11 am, CCD, Religious Education Center

**1st Sunday**, 5 pm, Parish Potluck, Religious Education Center

**2nd Friday**, 7 pm, Our Lady's Rosary Makers, Religious Education Center

Childcare is provided for children up to age 3 from 9 - 10:30 am in Bldg. 502 (building next to the chapel parking lot).

## PROTESTANT SERVICES

**Sundays**, 9 am, Sunday School / Team-Kid, Religious Education Center

**Sundays**, 11 am, Worship Service, Zama Chapel

**Sundays**, 5:30 pm, Youth Group, Chapel Annex

A nursery is provided for children up to age 3 at Zama CDS, Bldg 502, during the time of Sunday services only.

## SAGAMIHARA INSPIRATIONAL SERVICES

**Sundays**, 9 am, Sunday School, Sagamihara Chapel

**Sundays**, 10:30 am, Worship Service, Sagamihara Chapel

**Wednesdays**, 7 pm, Bible Study, Sagamihara Chapel

## LUTHERAN SERVICES

**Sundays**, 9 am, Worship Service, Sagamihara Chapel

## PENTECOSTAL WORSHIP SERVICE

**Sundays**, 6 pm, Worship service, SHA Chapel

## SEVENTH DAY ADVENTIST SERVICES

**Saturday**, 9:15 am, Sabbath Worship Service, Zama Chapel

**Wednesday**, 6:30 pm, Prayer Meeting Service

**Friday**, 6:30 pm, Vespers Service, contact Mr. Gilman at 263-9004 (W) or 046-293-0156 (H)

## JEWISH SERVICES

**2nd and 4th Friday**, 5:30 pm, Yokosuka Naval Base Chapel, LCDR Gersh, 243-9511

## ECKANKAR

Monthly book discussion, Religious Education Center (Rm 112). Contact Sue at 267-6227 for meeting dates and times.

## BUDDHIST SERVICES

(Soka Gakkai International)

**Mondays**, 7 pm, discussion and meditation, Sagamihara Chapel. Contact Mr. Fulford at 046-257-0613.

## ON GOING BIBLE STUDIES

**Thursdays**, 9:30 am, Protestant Women of the Chapel (PWOC) Bible Study "A Woman After God's Own

Heart", Zama Chapel, Barbara Salinero, 263-7588.

**Thursdays**, 9:30 am, Korean Women's Bible Study, joining PWOC, Religious Education Center, Mrs. Turner, 263-7743.

**1st and 3rd Fridays**, 6:30 pm, Open Fellowship (Ecumenical), Jose Naputi, 090-8050-8650

## CHAPEL ACTIVITIES IN SEPTEMBER

Protestant Women of the Chapel (PWOC) will begin their Fall Bible Studies this month and would like to invite all ladies to join us weekly on Thursday mornings at 9:30 for Bible Study, prayer, and fellowship. Contact Barbara Salinero for more details at 263-7588.

**Saturday, 25 September**, 6:30 - 7:30 am, Men's Breakfast Fellowship, Camp Zama Golf Course.

The Zama Chapel has many other programs for you and your family (bible studies, youth groups, men's groups, women's groups, music programs). If you desire more information, please call the chapel at 263-4898.

## THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS (LDS)

(The Mormons)

**Sunday Services**, 2 - 5 pm at the LDS Chapel on Highway 16

**Tuesday Night Youth Service**, 7 pm at the SHA Chapel



# P

ool Party Reservations. If you are considering a pool party, please submit a "Pool Party Reservation Request" to the Aquatics Director at the Yano Fitness Center **NO LESS THAN two weeks** in advance of the date being requested. Forms are available at the Yano Fitness Center (forms can also be faxed to you).

## POOL HOURS

**YANO POOL**  
Unless otherwise posted.

Mon - Fri	6 am - 6 pm
Sat, Sun & Holiday	10 am - 6 pm
Lifeguard Office	263-5037

**SAGAMIHARA HOUSING AREA (Outdoor Pool)**  
Last day 6 September.

Mon - Sun	noon - 6 pm
Thu	Closed
Pool Office	267-6122

**SAGAMI DEPOT (Outdoor Pool)**  
Last day 5 September.

Sat - Sun	noon - 6 pm
Wed, Thu & Fri	noon - 7 pm
Mon & Tue	Closed
Pool Office	268-4840

For more information, please contact Mr. Bailey at 263-5656.

### UPCOMING EVENT

#### • **Intramural Flag Football**

Intramural flag football will start in mid September. Units and organizations in the Camp Zama, Sagami Depot, and SagamiHara Housing Area are eligible to enter. Entry deadline is Friday, 10 September, 5 pm. Individuals desiring to participate whose unit or organization does not have a team may enter the players pool. For additional information, call Andy Abear at 263-7980.

#### • **7-Person Soccer**

There will be a 7-Person Soccer Tournament, Saturday, 9 am, 11 September, at the Camp Zama Fitness Center soccer field. All SOFA status personnel, military retirees, JGSDF, and MLC/IHA employees (18 years of age or older and not in high school) are eligible to participate. Teams may be all male, mixed or all female. Please register at the Yano Fitness Center issue counter by Thursday, 9 September, 5 pm. The tournament is free for unit/activities from the Camp Zama community. The entry fee for all others is \$10. Awards will be presented to the first and second place teams. For additional information, call Andy Abear at 263-7980.

### FITNESS TRAINING / CLASSES

Personal Fitness Training Services are available at the Yano Fitness Center. Services include exercise orientations, personal fitness programs, health and fitness assessments, body fat assessments and consultations to help you get started or to help improve your current fitness program. For more information, contact Chris Martin at 263-5168.

#### • **Lunchtime Conditioning**

An excellent alternative to the normal fitness routine. Condition your body with various exercises and stretching lead by a certified professional trainer. This class is a lot of fun and people of all fitness levels can participate.

#### • **ABS + Class**

Learn new abdominal exercises and have the best abdominal workout ever. Following the ABS workout, we will do another body part to enhance the workout. A very enjoyable way to train your abs and people of all fitness levels can participate. Please call for class dates and times. This class is free.

### CLASSES

#### • **Step Aerobics**

Mon, Tue, Wed, and Thu, 5:30 - 6:30 pm

#### • **Toning Class**

# CAMP ZAMA

# BODYBUILDING COMPETITION

SATURDAY, 11 SEPTEMBER  
1300-1600, AT THE CCC

GUEST OF HONOR

# MONICA BRANT

CALL JOE KUMZAK AT 263-4042 FOR MORE INFORMATION.



Tuesday, 4:45 - 5:30 pm  
Monthly, weekly, and daily cards are available (there is a fee for this program). For more information, contact the Yano Fitness Center at 263-4664.

• **Yoga Class**

"Hatha Yoga" is now being offered on Mondays, 10 - 11:30 am, at the Yano Fitness Center Cardio Room. "Meditative Yoga" is now being offered on Wednesdays, 5 - 6:30 pm, at Army Community Service. The cost is \$6 per class or \$20 per month (Monday or Wednesday). Sign-up at the Yano Fitness Center front desk or phone 263-4664.

**MASSAGE THERAPIST**

"Massage with Shizuka" is now being offered at the Yano Fitness Center by appointment only. Call the front desk at 263-4664 for an appointment. The cost is \$45 for 60 minutes, \$35 for 45 minutes or \$25 for 30 minutes.

**THE TANNING BOOTH AND AQUA MASSAGER ARE AVAILABLE FOR USE:**

- **Tanning Booth:** \$2.50/visit, \$20 for 10 visits, \$35 for 20 visits
  - **Aqua Massager:** \$5 for 15 minutes
  - **Jacuzzi, Steam Room and Sauna**
- The jacuzzi, steam room and sauna

are co-ed at the Yano Fitness Center. On Wednesday mornings the jacuzzi is closed for maintenance.

**AQUATICS, 263-5656**

• **Training Reservations for the Swimming Pool**

If you are considering utilizing any of the pools for unit PT, water survival training, or any other structured training program, submit a "Pool Training Reservation Request" to the aquatics director at the Yano Fitness Center. For reservations at the Yano pool, submit the reservation request preferably *two weeks* in advance but **NO LESS THAN one week** in advance. For reservations at

SHA or Depot pools, submit the reservation request **NO LESS THAN two weeks** in advance. Forms can be faxed to you at your request.

**PT TRAINING**

Need ideas for PT Training? Do you need an instructor? We can help!

Types of training we support:

Water Survival Training, Aqua Jogger, APFT Swim Test, Group Swimming Lessons (for Soldier PT only), Water Exercise, Swimming Technique, Water Polo, and Water Basketball.

For information reference any of the above classes and reservations, contact Ms. Bailes at 263-5656.






# Cultural

Enrichment Tour,  
Saturday, 18 September,  
9 am - 4 pm. Bus tour to "Neo  
Park". Pick-up locations will  
be 9 am at Torii Station and  
9:30 am at the Kadena USO.  
There is no charge for the bus  
ride. Please bring yen for  
entrance fee and lunch/  
snacks. For more information,  
call 644-4116.

## Torii Station, Okinawa MWR Activities • 644-4270 (Map location 31)

### ARMY COMMUNITY SERVICE

#### • Free Childcare Program

Army Community Service offers the following "Free Childcare Program" for:

- Newcomer's Briefing
- PCSing personnel, In-processing and Out-processing
- Deployed personnel

#### • Car Care Program

Army Community Service also offers the "Car Care Program" for spouses of deployed personnel. Call Corinna Juarez at 644-4116 for more information about these programs.

#### • AFTB Level I Training

Wednesday, 1 September, 9 am - 2 pm  
and Thursday, 2 September, 9 am -

noon, at the ACS Conference Room. The classes offer Army spouses an opportunity to learn skills and promote emerging leadership. This is a great opportunity for FRG officers and participants to get ideas of how to support their FRG's and learn how to put their skills to use to benefit the community. POC is Debbi Coubrough, AFTB/AFAP Program Manager, at 644-4743, or stop by the AFTB/AFAP Office in Bldg. 236, room 113.

### SWIMMING POOL, 644-4334

#### • Hours of operation:

Thu - Mon: 10 am - 6 pm

Tue - Wed: Closed

We are taking reservations for after hour pool parties.

### ARTS AND CRAFTS, 644-4303

Mon, Thu and Friday:

noon - 8 pm

Sat and Sun: 9 am - 5 pm

Tue and Wed: Closed

Framing and matting classes are available for all military patrons and family members. The woodworking and ceramics departments are also available for your use.

### AUTO SKILLS CENTER, 644-5612

#### • Safety Orientation

DA 3031-1 Qualification Card to use auto crafts is issued after a safety

**TORII STATION  
NEWCOMER'S ORIENTATION**  
(Installation and local community information).  
**Tuesday, 7 September, 9 - 11:30 am, ACS Conference Room**

Spouses are encouraged to attend. Receive free childcare by calling ACS at 644-4116. Come early, 8:30 am, for coffee, rolls, fruit, and juice.

The Torii Station Morale, Welfare and Recreation Program welcomes AT&T as their key sponsor for the monthly Newcomer's Orientation.

The Newcomer's Orientation is conducted each month on a Tuesday in the ACS conference room located in Building 236 from 8:30 - 11:30 am. Newcomers are welcomed to the orientation by the Garrison Manager or his designated representative.

Following the completion of each orientation, the AT&T representative will be in the Coral Club dining area until 1:30 pm to address your communication needs.

**THANKS** to our sponsor, AT&T, for supporting the ACS Newcomer's Orientation.



**CORAL COVE**

- Lunch at the Coral Cove is from 11 am - 1:30 pm. Daily specials plus a grill line, deli line, and salad bar. Every Wednesday at lunch we feature pasta cooked to order with your choice of toppings, sauce and meat for only \$4.95
- FREE hors d'oeuvres: Wednesday & Friday, 5 - 7 pm

There are still a few openings for holiday parties. Give the Coral Cove a call and reserve your day now (644-4256).

**CORAL COVE JR.**

Cook Your Own Steak & Chicken Night  
Every Thursday, 5 - 9 p m  
T-Bone Steak (14 oz): \$10.95  
Chicken Breast (two 6 oz pieces): \$9.00  
(includes a baked potato or rice, baked beans and a dinner roll)



## JOB OPENINGS

The Coral Cove is accepting applications for the following positions:

Laborer .....	NA-02 ..	OKI-10-02
Cook .....	NA-03 ..	OKI-05-04
Food Service Worker .....	NA-03 ..	OKI-06-04
Bar Assistant/Bartender ..	NA-01/03	
.....	OKI-04-04	
Cashier .....	NF-01 ..	OKI-01-04

Applications can be turned in to:

Room 231, Bldg 236, Torii Station  
Bldg 200 (Coral Cove Club), Torii Station

or Mailed to:

10th Area Support Group  
NAF Personnel Office (CPAC-NAF)

For more information on the above positions contact Mr. Morrill at 644-4256.

Sponsorship does not imply endorsement by the U.S. Government

orientation (given every day the facility is open). This briefing is required before facility use.

• **Hours of operation:**

Tue and Wed: Closed

Thu, Fri and Mon: 11 am - 8 pm

Sat and Sun: 9 am - 6 pm

**PLEASE NOTE:**

Clean up starts a half hour before closing.

• **Film services are also available**

**OUTDOOR RECREATION**

**644-4324**

• **Kayak Rental**

Cost for a kayak (one person) is \$2 an hour, and a two person kayak is \$3 an hour.

**SCUBA LOCKER**

The Scuba Locker has the latest equipment for the true diver. Visit us and see the always changing line of diving gear being offered. Whether you are a brand new diver, a novice, or you desire to upgrade to the top level of qualification, we have a highly qualified staff available to train you. Check with the training staff to sign up for scuba classes. Did you know that the Scuba Locker offers free air fills to all ID card holders? Call 644-4795 for class schedules.

**THEATER**

Movies are shown every Friday through Monday starting at 7 pm. Look for schedules in the "Island Market", "This Week on Okinawa", and the monthly "Torii Newspaper".

**SCUBA LOCKER  
Summer Sale  
Campaign  
Ends 6 September**

**Whale shark  
tours and under-  
water videos are  
available.**

**Torii Station, MWR Sports Activities  
for September**

**SPORTS**

- Bodybuilding Championship 5 September  
weigh-ins: 8 am Preliminaries: 10 am  
Fees: Competitors \$15 Spectators: \$5
- Intramural Bowling 27 September to 10 December  
Letter of intent due from units: 14 September  
Sports Council & Organization Meeting:  
14 September, 1 pm, Bldg 275
- Intramural Flag Football 4 October to 12 November  
Letter of intent due from units: 21 September  
Sports Council & Organization Meeting:  
21 September, 1 pm, Bldg 275



**Welcome!**

Torii Beach "Rustic" Log Cabins are located on the beautiful Okinawa west coast, only 4km from Kadena.

**Features**

Each cabin will sleep up to six people (max four adults), and will be available for rent seven days per week. Each cabin includes amenities such as a private bathroom (shower, sink and toilet), indoor and outdoor furniture, refrigerator, microwave, coffee maker, television and VCR. Cabin reservations are seasonal: summer season, May - September (Sun - Sat), and winter season, October - April (Thu - Sun).

**You May Bring**

Personal hygiene items and food.

**Things To Do**

Torii Outdoor Recreation has a children's playground, basketball court, four beach volleyball courts and a 200 ft water slide. Canopies, BBQ grills, coolers, kayaks, umbrellas and beach chairs are available for rent at the Beach Office (644-4698).

**Dining**

Dining is available at the Coral Cove Club (all season 644-4256), and Coral Cove Jr. (open during the summer season 644-4008).

**Check in / Check Out**

Visit the Torii SCUBA Locker to check in / out. Check in time is 3 - 5 pm, Thursday - Monday. Check out time is 11 am.

**To Reserve**

Reservations are first come, first served in a continuous 12 month format. Call Torii SCUBA Locker at 644-4290 or register in person at Bldg #T-315, Torii SCUBA Locker, Thursday - Monday, 10 am - 6 pm.

**Fees**

\$50 per night.

**Note**

Smoking and pets are not permitted inside the cabins.



**To make a reservation, call 644-4290**



# F

or dates, times, and more indepth information on all the tours listed below, check out our monthly getaway guide or please call the "Zama Local Tours" office. Our customer service will be happy to help you out!

## September Tours



### ...at a glance

- 4** • **Sumo Stable**  
• Tsukiji Fish Market
- 5** • Kamogawa Seaworld  
• New Sanno Brunch & Harajuku
- 6** • Hakone Yunessan Hot Spa  
• Tokyo Disneyland/DisneySea
- 11** • Seto Pottery Festival  
• Tokyo Evening Tour
- 12** • Yokosuka Shopping  
• Baseball (Bay Stars vs. Tigers)
- 16** • Horseback Archery Festival
- 18** • **Matsumoto Castle & Zenkoji Temple**
- 19** • Nikko Edo Mura
- 25** • Fuji Area Excursion  
• Heiwajima Antique Fair
- 26** • Ueno Zoo & Park  
• **Yokohama Bay Lunch Cruise & MM21**

*\*Highlighted Tours are listed in bold.*

A - Adult  
Y - Youth  
I - Infant



•Transportation Only



•Bring Extra Yen



•Bring a Lunch

## Zama Local Tours • 263-4671 (Map location 31)

### SUMO STABLE

Saturday, 4 September

Depart: 4 am • Return: 12 pm

Visit a sumo stable and observe a "keiko" or practice/training session. Watch the sumo wrestlers prepare for their upcoming tournament in action!

Adults only: \$19

*Cost includes guide and bus transportation. Bring your own food/drinks.*

*Note: The practice/training period is scheduled to be held from August thru early September (session dates are tentative). Due to the unavailability of the practice/training schedule this tour is subject to cancellation.*

*Note: A maximum of 15 people will be allowed on this tour.*



### MATSUMOTO CASTLE & ZENKOJI TEMPLE

Saturday, 18 September

Depart: 4 pm • Return: 10 pm

Zenkoji Temple was constructed 1,400 years ago and is one of the most popular Buddhist temples in Japan. The chief statues, made of bronze, which are worshipped are those of Amida-Nyorai and his followers and are designated as Important Cultural Properties. Matsumoto Castle, one of Japan's national treasures, is surrounded by the scenic Japan Alps. The castle is unique in design and its donjon (central fortress) is the oldest and largest known in Japan. Also, visit the Folk museum near the Matsumoto Castle.

Adults (13 & up): \$69 • Youths (3-12): \$59 • Youths (2 & under): \$35  
*Cost includes Castle admission, guide and bus transportation. Bring yen for ticket fee, souvenirs and food/drinks or feel free to bring your own food/drinks.*



### YOKOHAMA BAY

#### LUNCH CRUISE & MINATO MIRAI 21

Sunday, 26 September

Depart: 9:45 am • Return: 5 pm

Enjoy a panoramic view of Yokohama, Kanagawa's largest city, on the elegant Royal Wing Cruise Ship. See the Yokohama Bay Bridge and an excellent bayside view of Japan's greatest international port while enjoying a fine Chinese-style buffet lunch on the ship. After the lunch cruise, enjoy some free time at the Minato Mirai 21 District and go shopping or site seeing.

Adults: \$49 • Youths (6-12): \$35

• Infants (5 & under): \$15

*Cost includes lunch cruise, guide and bus transportation. Bring yen for ticket fee, souvenirs and food/drinks.*

*Note: A minimum of 15 people by 19 September '04 is required for this tour to proceed.*



**Better Opportunity for Single Service Member**

### UPCOMING EVENTS

- **Meetings at the CCC  
7th & 21st September**

**\*For more information,  
please call Celina Bastine  
at 263-5185.**

# Outdoor Recreations • 263-4671 (Map location 31)

## PARAGLIDING & BIKING OVERNIGHT

Saturday-Sunday, 11-12 September  
Depart: 5 am, Saturday  
Return: 5 pm, Sunday

Sign up by: **Tuesday, 31 August**

Join us on this overnight tour to a mountainous camp area. You will have a chance to paraglide along the mountain side and view the beautiful greenery. After, you will have some time free time to take in the natural surroundings.

A: \$157 (Bunk bed room shared)/  
\$165 (Tatami room)

*Cost includes paragliding class, rental mountain bike, 1-night accommodation, 2 meals (dinner & breakfast), guide and bus/van transportation. Bring food/drinks and yen for souvenirs.*

*\*Limited to adult participants only.*



## LET'S GO BIKING!

This is an enjoyable season for mountain bikers! The location of Zama is convenient to access rivers, mountains, parks and ocean areas. Rent a bike, grab a map at Outdoor Recreation and go! Take a sack lunch and some yen in a backpack. A mountain bike, helmet and a chain lock is \$6 a day rental.

## KOGANEZAKI BEACH

Saturday, 18 September

Depart: 5 am • Return: 4:30 pm

Visit a beautiful sightseeing and swimming place in the Izu Peninsula. "Koganezaki" (Golden Cape) is named after the gorgeous big yellow stone cliff scenery. The clear seawater of the rocky coast and the cozy white sand beach is the perfect place for snorkeling. The summer is not over yet! If swimming or snorkeling isn't for you, walking trails are also available.

A (13 & up): \$25 • Y (12 & under): \$19

*Cost includes guide and bus transportation. Bring food/drinks, swimsuit, snorkel/swimming goggles, towels, fishing rod and any other items you may need.*



## PET KENNELS VIP TREATMENT

The Pet Boarding Kennel's caring staff will assure that your pets get the special VIP treatment while you are on vacation, TDY or PCSing. Daily fees are \$15/dog kennel and \$10/cat kennel. Weekly, monthly fee are available. PCS status has priority. Call Thomas at 263-5915 for more information.

## MT. TAKAO HIKE

Sunday, 19 September

Depart: 9 am • Return: 4:30 pm

Mt. Takao offers several pleasant hiking courses suitable for any age group and any physical strength. There are cable cars and open chair lifts that go up the side of the mountain. Near the cable line terminal is a small zoo. From the summit, one can enjoy a panoramic view of Mt. Fuji, Mt. Oyama, the Tanzawa and the Chichibu mountain ranges, and several lakes.

A: \$10 • Y: \$7 • I: \$3

*Cost includes bus transportation only. Bring yen for cable car/chair lift rides, souvenirs and food/drinks (or feel free to bring your own food/drinks). You may also want to wear sturdy boots or shoes.*

Zoo Admission Fee: ¥500 (adult)

• ¥200 (youth)

Cable Car Fee (one-way): ¥520 (adult)

• ¥310 (youth)

*Prices are subject without notice.*



## OUTDOOR RECREATION NATIONAL PUBLIC LANDS DAY National Hunting & Fishing Day

**Sign up by: Monday, 20 September**

- **Bird Watching Walk - Saturday, 25 Sept.**  
All ages: No fee required.
- **Casting Contest - Saturday, 25 Sept.**  
All ages: \$5
- **Climb Wall - Saturday, 25 Sept.**  
\$3 a climb
- **Skeet Shooting Contest - Sunday, 26 Sept.**  
(Limited to age 13 & up only)  
Ages 19 & up: \$19 • Ages 13 - 18: \$15

## Hit the Road!

### Van Rental



*Summer's over but the fun is not!  
Rent an affordable 8-passenger van  
to explore scenic "Japan".*

- **Active duty at Zama/SHA/Sagami Depot reservations - up to 45 days prior to the pick up date.**
- **Civilians at Zama/SHA/Sagami Depot - 40 days.**
- **All other reservations - 30 days.**

**Only \$50 per day!**

(plus refueling)

**Hourly Rate: \$10/hour**

(Truck/Cargo Van

maximum 3 hour rental only.)

*Full rental fee required upon making reservations.*

**Quality you can count on!**



# Directory of MWR Facilities & Additional Activities

## DIRECTORATE OF COMMUNITY ACTIVITIES

263-7611

### Army Community Services Branch

- **Army Community Services** 263-8327  
Mon, Tue, Thu, Fri 0700-1700  
Wed 0700-1500

### ZAMA Golf Club

- Director of Golf** 263-4224
- Administrative Office** 263-4966  
(All the following golf activities are open during lunch).
- Course/Starter** 263-4975  
Mon-Fri 0700-1700  
Weekends & US / Jananese Holidays 0600-1700
- Restaurant** 263-7665  
Mon, Tue, Thu, Fri 0630-1700  
Wed 0630-1800  
Weekends & US / Jananese Holidays 0530-1700
- Pro Shop** 263-5284  
Mon-Fri 0645-1700  
Weekends & US / Jananese Holidays 0545-1700
- Driving Range** Unattended  
Wed - Sat Sunrise-2200  
Mon Sunrise-1930  
Tuesday 1000-2200  
Sun 1600-2200
- Chip Inn & Snack Stand** 263-5834  
Mon-Fri 0800-1600  
Weekends & Hol. 0700-1500

### Community Operations Division

- **ADMINISTRATIVE OFFICE** 263-4452  
263-5614
- **BOWLING CENTER ZAMA** 263-4780  
Mon - Wed & Sat 1100-2000  
Thu & Fri 1100-2230  
Holidays 1100-1700
- **BOWLING CENTER DEPOT** 268-4954/4606  
Tue - Sat 1100-2000  
Sun - Mon Closed
- **ZAMA COMMUNITY CLUB** 263-4133  
**Lunch**  
Tue-Thu 1045-1315  
Sunday Brunch 1000-1330
- Cashier & Game Rooms**  
Sun-Thu 1000-2300  
Fri 1000-0230  
Sat 1000-0330
- Catering** 263-4204  
Tue, Thu & Fri 0930-1730  
Wed Appts Only
- Café Roberto**  
Tue-Thu & Sun 1100-2200  
Fri 1100-0100  
Sat 1100-0100
- Cornerstone Game Room (no bar)**  
Tue-Thu & Sun 1000-2300  
Fri 1000-0330  
Sat 1000-0230
- Eda's Seafood & Filet**  
Thu & Sun 1700-2100  
Fri & Sat 1700-2200
- Firelite Lounge**  
Sun, Tue-Thu 1630-2300  
Fri 1630-0330  
Sat 1900-0230
- USA Dining Room**  
Tue, Thu & Sun 1700-2100  
Wed Closed  
Fri-Sat 1700-2200
- **HOB NOB INN** 267-6097  
**Lounge & Game Room**  
Mon, Tue & Thu 1630 - 2100  
Wed 1630 - 2300  
Fri, Sat 1630 - 0100  
Sun Closed
- Restaurant (Closed)**
- **SAGAMI LOUNGE** 268-4954

- Take Out** 268-4142
- Lunch** Mon-Fri 1100-1300
- Dinner** Tue-Sat 1700-2000
- Lounge/Game Room**  
Tue-Thu 1100-2200  
Fri 1100-2400  
Sat 1630-2300  
Open during lunch

### Community Recreation Division

- **ADMINISTRATIVE OFFICE** 263-7935
- **ARTS & CRAFTS CENTER** 263-4412  
Mon-Tue Closed  
Wed-Thu 1300-2100  
Fri, Sat & Sun 1000-1800  
Open during lunch
- **AUTO CRAFTS SHOP** 263-3615  
Mon-Tue Closed  
Wed-Fri 1300-2100  
Sat-Sun 1000-1800
- **COMMUNITY CULTURAL CTR** 263-3939  
Mon-Fri 0900-2045  
Sat, Sun & Hol Closed  
Open during lunch
- **INTERNATIONAL TOURS** 263-5273  
Mon-Fri 1000-1800  
Open during lunch
- **LIBRARY**  
**Zama** 263-3517  
Mon-Thu 1000-2030  
Fri-Sun & Hol 1000-1800  
Open during lunch
- Depot** 268-4523  
Tue-Thu 1000-1800  
Fri & Sat 0900-1700  
Sun, Mon Closed  
Open during lunch
- Sagamihara** 267-6603  
Tue-Thu 1000-1900  
Fri-Sat 0900-1800  
Sun, Mon & Hol Closed  
Closed for lunch 1400-1500
- **OUTDOOR RECREATION** 263-4671  
**Vehicle Rental/Equipment Rental**  
Mon-Fri 0900-1730  
Sat-Sun 0800-1600  
Holidays 1000-1400  
Open during lunch
- Local Tours** 263-4671  
Mon-Fri 0900-1730  
Holidays 1000-1400  
Open during lunch
- Animal Boarding Kennels** 263-5915  
Mon-Fri 1000-1700  
Sat-Sun, Holidays 1000-1600  
Closed for lunch 1230-1330
- **POOLS** 263-5656  
**YANO** 263-5037  
Mon-Fri 0600-1800  
Sat-Sun, Holidays 1000-1800
- SHA** 267-6122  
Mon-Sun 1200-1800
- DEPOT**  
Wed-Sun 1200-1800
- **SPORTS/FITNESS CENTER** 263-4664  
**Zama**  
Mon-Fri 0530-2030  
Sat-Sun, Holidays 1000-1800
- Sagamihara** 267-6122  
Mon, Tue, Wed, Fri, Sat & Sun 1200-1800  
Tue Closed
- Depot** 268-4729  
Wed-Fri 1200-1900  
Sat & Sun 1200-1800  
Mon, Tue Closed

### Child and Youth Services Branch

- **ADMINISTRATIVE OFFICE** 263-5701
- **Child & YS Coordinator** 263-8086  
(All the following CDC facilities are open during lunch.)

- Central Registration** 263-4743  
Mon-Fri 0830-1730
- Depot Dev Group Home** 268-4625  
Mon-Fri 0830-1730
- Sagamihara CDC** 267-6564  
Mon-Fri 0530-1800
- Zama CDC** 263-4992  
Mon-Fri 0530-1800

- **YOUTH SERVICES**  
**Depot Youth Center** 268-4625
- Zama Youth Center** 263-4500  
Mon-Thu 1430-2000  
Fri 1430-2200  
Sat 1200-2200  
Sun 1400-1800
- School Age Services (SHA)** 267-6317  
Mon-Fri 0630-1800
- Youth Sports** 263-5437  
Tue-Sat 0900-1800  
Open during lunch

### Services Division

- **ADMINISTRATIVE OFFICE** 263-5962

### Zama Lodging

- **ADMINISTRATIVE OFFICE** 263-3293
- Reservation Desk** 263-2775
- Front Desk** 263-3830  
Open 24 hours/7 days a week

### USAG-J Okinawa MWR

- **DIRECTOR COMMUNITY ACTIVITIES** 644-5396
- **ARMY COMMUNITY SERVICE**  
Director 644-4110  
Receptionist 644-4175  
Relocation Coordinator 644-4385  
Outreach/Volunteer Coordinator 644-4116  
Finance/Consumer Affairs/AER 644-4378  
School Liaison Officer 644-4908  
Family Advocacy 644-4106  
AF TB / AFAP Manager 644-4743
- **ARTS & CRAFT CENTER** 644-4303  
Lobby 644-4706
- **CORAL COVE COMMUNITY CLUB**  
Business Manager 644-4894  
Lounge 644-4306  
Cashier Cage 644-4426  
Kitchen 644-4505
- **LIBRARY** 644-4468  
Staff Room 644-5335
- **MARKETING** 644-4703  
Commercial Sponsorship 644-4495  
Graphic/Illustration 644-4665
- **MOVIE THEATER** 644-4381
- **SPORTS/OUTDOOR REC** 644-4144  
Customer Svc/Pavilion Rental 644-4334  
Sports Specialist 644-4797  
Event Coordinator 644-4169  
Swimming Pool 644-4389  
Scuba Locker 644-4795  
Retail Sales 644-4290  
Equipment Issue 644-4263  
Parks, Picnic & Beach 644-4698

### Kure Harbor Club

- **MWR Office** 0800-1630 256-2580  
256-2581
- **Outdoor Recreation** 0900/1700 256-2575
- **Dining Room**  
Mon-Fri (Breakfast) 0700-0830  
Mon-Fri (Lunch) 1130-1300  
Tue-Sat (Dinner) 1630-2000
- **Bar**  
Mon 1630-2000  
Tue-Sat 1630-2200
- **PX / CLASS 6**  
Mon-Fri 0900-1730  
Sat 1130-1530



# Camp Zama CLUB CHAMPIONSHIP 2004



**Saturday - Monday  
4 - 6 September**

- Camp Zama Golf Club members with a current USGA handicap from Camp Zama and recent arrivals with a current USGA handicap.
- Two Divisions - DoD and all others.
- 54 hole individual stroke play - flighted event.
- Tee times start at 6:30 am (check-in 30 minutes prior).
- Flights determined after entries are received. Gift certificates awarded for low net winners in each flight, plus a trophy for the low gross winner in each division.
- Entry fees: Zama club members, \$45; JGSDF (stationed at Camp Zama), ¥13,000; MLS / IHA / HPT (working for (USARJ)), ¥17,000; guests, ¥32,000.
- Entry fee includes carts, door prizes and buffet luncheon on Monday.
- POC: Dale Jorgenson, Director of Golf, 263-4224 or [dale.jorgenson@zama.army.mil](mailto:dale.jorgenson@zama.army.mil)



**THANKS** to our sponsors for supporting the Camp Zama Golf Club Championship and our military community

